

Nut Allergy Information

Friday 30th June 2023

Dear Parents and Carers,

We have an increasing number of pupils in our school who have nut allergies, which can cause severe allergic reactions and even life-threatening illness. Anaphylaxis (allergic reaction) can occur as a result of digestion, inhalation or any other contact with nut-based products.

Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Some snack pots containing nuts

As your child's class is a **nut-free zone**, it is important that you check the labelling of food products before sending your child into school with them – it is not always apparent that products contain nuts or traces of nuts. If you notice a product containing nuts, please do not send it.

We want to ensure the health and safety of all our pupils, and some of our pupils with the allergy are extreme enough that even the slightest of contact with nuts could cause a severe reaction. Your child's class teacher will be promoting the importance of handwashing if products containing nuts, or traces of nuts, are consumed throughout the day. This includes breakfast and snacks.

Thank you in advance for your cooperation with this matter.

Kind regards,



Miss R Jackson

Associate Head of Academy