

Nut Allergy Information

Friday 30th June 2023

Dear Parents and Carers,

We have an increasing number of pupils in our school who have nut allergies, which can cause severe allergic reactions and even life-threatening illness. Anaphylaxis (allergic reaction) can occur because of digestion, inhalation or any other contact with nut-based products.

Potential allergens could include the following:

- Spreads, e.g., chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g., satay sauce
- Cakes containing nuts
- Some snack pots containing nuts

We would like to encourage you to think about alternatives to the products listed above, to reduce the risk of severe allergic reactions. We want to ensure the health and safety of all our pupils, and some of our pupils with the allergy are extreme enough that even the slightest of contact with nuts could cause a severe reaction.

We do have some classes that are a **nut-free zone**. Please check with your child's class teacher for more information.

Thank you in advance for your cooperation with this matter.

Kind regards,

A handwritten signature in black ink, appearing to be 'R Jackson', written over a faint blue grid background.

Miss R Jackson

Associate Head of Academy