

1-2-3 Magic

Week 2

What To Expect...



When beginning to use 1-2-3 Magic, some children will cooperate right away

Others will immediately test your resolve AND give you a hard time for about a week – or longer! (until they figure out you mean business!)

Why Are Children Not Like Adults?

- Children's development occurs along a staged pathway
- Children's brains are constantly developing and changing based on experience and genetics
- Children are not in control of their emotions, impulses and desires, they need help to regulate themselves. The brain must learn responses
- Children can take things literally, or misconstrue things, because their neural pathways are not fully developed.
“Neuron's that fire together wire together”

Little Adult Assumption

- The belief that kids have “hearts of gold” and are basically reasonable and unselfish
- Words and reason will not always work
- Often lead to the talk-persuade-argue-yell-hit syndrome
- Think of yourself as a wild animal trainer



The Wild Animal Trainer

Objective:

- Choose a training method
- Repeat it until it works
- If done correctly, you will get results



The TWO BIGGEST Mistakes Parents Make

Too Much Talking
and
Too Much Emotion



Too Much Talking

..... is a problem because it either does not work or it often takes you through the

TALK

PERSUADE

ARGUE

YELL

HIT!

Syndrome



Too Much Emotion

..... is a problem because the child enjoys the power that comes with getting a parent upset.



Sometimes Talking Just Overwhelms Kids

A child's ability to take in information is finite

The child can shut down or block out (or dissociate) information

In a situation of heightened emotion, too much talk inhibits their ability to think properly

Easy-to-learn parenting solutions that work!

Parent Magic inc.

A Dr. Thomas W. Phelan Company

**1-2-3 Magic Effective Discipline
for children 2-12**

ADDISS
ADHD INFORMATION SERVICES

Registered Charity No: 1070827

“Sea of Blah”

“Teachers talk too quickly and bombard students with excess words, leaving them struggling in a “sea of blah” and possibly contributing to unnecessary referrals for behavioral disorders.”



Source: 4 Year Study by

Dr Ken Rowe - Director of Australian Centre for Educational Research ,
Dr Kathy Rowe and Jan Pollard (audiologist) – Melbourne’s Children’s
Hospital

Excess Teacher Talk Swamps Children - article Linda Doherty in *Sydney Morning Herald* October, 23-24 2004

Term “sea of blah” attributed to John Edwards

..... Or water off a ducks back syndrome!!

